


Menu Subject to change due to product availability

# CHMS Lunch Menu - January 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><b>FREE BREAKFAST AND LUNCH SERVED TO ALL STUDENTS</b></p>			<p>1</p> <p><b>No School</b></p> <p><b>New Year's Day</b></p>	<p>2 Chicken Nuggets, Oven Fries, WW Dinner Roll &amp; Broccoli Or Taco Triangles w/ Salsa, Oven Fries (Veggies, Fruit &amp; Milk)</p>	<p>3 Wild Mike's Pizza Bites w/ Sauce, Garden Salad Or Mini Pancakes, Chicken Sausage Links, Hash Brown</p>	<p><b>Daily Pre-made GRINDERS Turkey-Ham-Salami-Tuna- Buffalo Chicken</b></p>
<p>Prepay on line: www.myschoolbucks.com Or checks payable to Bristol School food service For extras like Juice and water</p>	<p>6 WG Chicken Tenders, Mashed Potatoes, WW Dinner Roll, Corn Or Rib BBQ Sandwich, Mashed Potatoes, Corn (Veggies, Fruit &amp; Milk)</p>	<p>7 WG Pepperoni Bosco Stick w/ Sauce, Green Beans Or Spicy Chicken Patty on WW Bun, Lettuce &amp; Tomato, Oven Fries (Veggies, Fruit &amp; Milk)</p>	<p>8 Pasta w/ Meatballs, Garden Salad, Garlic Bread Or WG Cheese Pizza, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>9 Hamburger or Cheeseburger on WW Bun, Oven Fries Or General Tso's Chicken, Vegetable Fried Rice, Green Peas (Veggies, Fruit &amp; Milk)</p>	<p>10 LF Mozzarella Sticks w/ Sauce, Dinner Roll, Carrots Or French Toast Sticks, Hash Brown, Chicken Sausage Links (Veggies, Fruit &amp; Milk)</p>	<p><b>Daily SALADS YOGURT BOATS</b></p>
	<p>13 Asian Orange Popcorn Chicken, Vegetable Fried Rice, Broccoli Or Ham &amp; Cheese Melt on a Croissant, Broccoli (Veggies, Fruit &amp; Milk)</p>	<p>14 WG Cheese Bosco Sticks w/ Sauce, Garden Salad Or Crispy Chicken Patty on WW Bun, Lettuce &amp; Tomato, Oven Fries (Veggies, Fruit &amp; Milk)</p>	<p>15 Toasted Cheese Sandwich, Tomato Soup, Sliced Carrots Or WG Cheese Pizza, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>16 All Beef Hotdog on WW Bun, Vegetarian Beans Or Meatball Ginder w/ Mozzarella Cheese, Oven Fries (Veggies, Fruit &amp; Milk)</p>	<p>17WG Stuffed Crust Pizza, Garden Salad Or Teriyaki Chicken Dippers, WW Dinner Roll, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>WG=Whole Grain WW=Whole Wheat</p>
<p><b>FRUITS &amp; VEGETABLES:</b> An assortment of fresh &amp; canned fruits, hot/cold vegetables are offered daily.</p>	<p>20</p> <p><b>No School</b></p> <p><b>Martin Luther King Jr. Day</b></p>	<p>21 WG Chicken Nuggets, Mashed Potatoes, WW Dinner Roll Or Jamaican Beef Patty, Rice &amp; Beans, Green Peas (Veggies, Fruit &amp; Milk)</p>	<p>22 LF Macaroni &amp; Cheese, WW Dinner Roll, Broccoli Or WG Cheese Pizza, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>23 NEW ITEM Cheesy Pizza Boli w/ Sauce, Garden Salad Or Chicken Fajita Wrap, Oven Fries, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>24 Wild Mike's Pizza Bites w/ Sauce, Garden Salad Or Mini Pancakes, Hash Brown, Chicken Sausage Links (Veggies, Fruit &amp; Milk)</p>	<p><b>BRISTOL PUBLIC SCHOOLS ARE AN EQUAL OPPORTUNITY EMPLOYER</b></p>
<p><b>Milk Varieties:</b> Healthy Moo: Nonfat Chocolate/Strawberry 1% White Nonfat Skim/Lactaid</p>	<p>27 WG Spicy Chicken Tenders, Mashed Potatoes, WW Dinner Roll Or Cheese Quesadilla w/ Salsa, Mashed Potatoes (Veggies, Fruit &amp; Milk)</p>	<p>28 General Tso's Chicken, Vegetable Fried Rice, Broccoli Or Lasagna Roll Up, WW Dinner Roll, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>29 Chili w/ Chips and Cheese, Dinner Roll, Green Beans Or WG Cheese Pizza, Garden Salad (Veggies, Fruit &amp; Milk)</p>	<p>30 Pepperoni Bosco Sticks w/Sauce, Garden Salad Or Taco Triangles w/ Salsa, Oven Fries (Veggies, Fruit &amp; Milk)</p>	<p>31 LF Mozzarella Sticks w/ Sauce, WW Dinner Roll, Green Peas Or French Toast Sticks, Hash Brown, Chicken Sausage Links (Veggies, Fruit &amp; Milk)</p>	<p><b>Our Mission is to provide students with healthy, nutritious &amp; appealing food in a timely manner &amp; in a pleasant environment</b></p>