Catherine M. Carbone, Ed.D. Superintendent of Schools

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November 6, 2020

Dear Bristol Public Schools Parents, Guardians, and Staff:

The Bristol Public Schools was notified that a member of the Bristol Central High School community has tested positive for coronavirus (COVID-19). The affected person has been instructed to remain home and quarantine.

Anyone who was considered a "close contact" with the individual was contacted by the school or local health officials and provided with instructions on the appropriate steps to take. Enhanced cleaning procedures have been implemented throughout the school.

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a
 tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of
 your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maintain social distancing (at least 6 feet) between yourself and others when outside of your home.
- Complete the health screener before coming to work or school.

Staff and students exhibiting any of the above symptoms, or feeling ill, should call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital

For information on what to do if you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

If you have any questions, please do not hesitate to contact me.

Sincerely,

Catherine M. Carbone, Ed.D.

Superintendent