



BRISTOL BOARD OF EDUCATION
P.O. Box 450 • 129 Church Street
BRISTOL, CT 06011-0450
860-584-7000 • Fax (860) 584-7611

October 21, 2020

Dear Bristol Public Schools Parents, Guardians, and Staff:

Bristol Public Schools was notified that a member of the Bristol Eastern High School community has tested positive for coronavirus (COVID-19). The affected person has been instructed to remain home and quarantine for 14 days.

Anyone who was considered a “close contact” with the individual was contacted by the school or local health officials and provided with instructions on the appropriate steps to take.

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maintain social distancing (at least 6 feet) between yourself and others when outside of your home.
- Complete the health screener before coming to work or school.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher)
- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell

Staff and students exhibiting any of the above symptoms, or feeling ill, should call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital.

For additional information on COVID-19 symptoms, please see:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

If you have any questions, please do not hesitate to contact me.

Sincerely,

Catherine M. Carbone, Ed.D.
Superintendent of Schools